

LLUI GRES FOUNDATION

A BRIEF REPORT ON THE CHARITY OUT REACH CONDUCTED IN MPIGI MAWOKOTA SOUTH.

BY EEG FOUNDATION ON 2ND OCTOBER 2020





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Project Name: Charity Outreach to Bukasa Wakiso

Submitted to: Community, Funders and Partners

Summary of what's contained: Highlights on how the Charity outreach was organized and

conducted on the 25th July, 2020.



Acronyms

PMF Patricia Mirembe Foundation

EEGF Empower to Elevate Girls Foundation

FDG Focused Discussion Group



OFFICIAL ACKNOWLEDGEMENT.



PATRICIA MIREMBE NABWAATO

Founding Director, EEGF.

I take this opportunity to congratulate the foundation on its second charity event.

I thank you all for your generosity towards this event. We were thrilled to have all your support. Through your donations we were able to reach out to a number of unprivileged girls and continue working towards empowering more girls.

You truly make the difference for us and we are extremely grateful!

Special thanks to FUFA, PHAU and Galaxy FM for all the guidance and assistance they gave us as we prepared the outreach. Special thanks to Ms Nakawa Shahira that offered to sew the customized reusable pads for the ladies using the materials we had purchased from the donations.

Founding Director, EEGF.

Thank you.



Introduction

EEGF (Empower to Elevate Girls Foundation) is a registered non–profit organization based in Uganda, built with strong passion and desire to help the less privileged girls and women in our society. With a national status since 2020, EEGF has responded to the changing needs of girls through research-based programs, donations and public education efforts that empower girls to understand, value, and assert their rights

We've started a revolution that challenges women to break through gender stereotypes and menstrual stigma that makes girls obsess with body image, keep girls from taking leadership roles, and cause them to feel uncomfortably self-aware. We identify communities with less privileged young women, provide them with sanitary equipment (reusable pads, knickers, shavers) and skills regards making the reusable sanitary towels among others they could adopt to improve themselves economically. We are dedicated to positive mentorship, counselling, and community interaction to inspire self-confidence, build self-esteem, friendships, menstrual health, and integrity in these young ladies.

The second large scale Charity event of the foundation was held in Mpigi Mawokota south. An area that was selected by our field team and local leaders. We were highly assisted by a few residents of the area that made it easy for us to identify and organize the young ladies. A team of ten from the Foundation volunteered to reach out to the girls in the area as they taught them how to use and maintain these sanitary products in small groups.

Objectives of the outreach.

- To avail 100 girls and women with a pack of reusable pads each.
- To avail 50 women with 2 packs of disposable sanitary towels each.
- To teach the girls how to use and maintain the reusable sanitary towels.
- To teach the girls about the advantages of using the reusable sanitary towels.
- To teach the girls and women more about menstrual health and to take care of themselves during that time of the month,
- To counsel and mentor the girls on carriers and visions.

Achievements of the outreach.

With the contributions we received from the public and the resources we had at hand we were able to,

- Availed 150 packs of reusable pads to 150 girls and women.
- Availed 10 boxes of disposable pads to 60 Girls.
- Taught the girls and women how to use and maintain the reusable sanitary towels.
- Taught the girls and women why they should opt for reusable sanitary towels.
- Taught the girls more about menstrual health and hygiene.
- We were while to get to teach the girls in FDGS of 20 girls at one of the residents home which had a very compound to enable the girls study while observing SOPs.



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Girls in the area sharing showing off the kit availed by the foundation.

Challenges and way forward.

As we organized and conducted the outreach to Mpigi, we faced a challenge of insufficient resources both tangible and financial but we are glad we hit 80% of our target. To solve this, we hope to work with more sponsors and partners that can be able to assist these less privileged girls and get as many companies to get involved in helping girls with menstrual products in their CSRs.

We also faced a challenge of not having enough space where we could meet all the people we hoped to meet and assist. Due to the Covid-19 pandemic we had to meet a few of them and we met the rest in their homes. As we had to educate them on how to use and maintain the reusable pads we gave them and more about their menstrual health. To solve this, we hope to get all the people we shall assist in the next outreach with Covid-19 safety gear and to move with enough sanitizers in case we are to converge to teach them more about their menstrual health and more information to empower them.

We faced a challenge of contracting some work (Printing chats and shirts) to people that weren't efficient enough. These individuals delivered these tools that we were to use during the charity event very late and so we reached the town later than the time we had agreed with the girls and women. Some of the girls and women had gone back to their work by the time we arrived. We therefore plan to be more organized and work with one organized people during our next outreach.

Conclusion

We thank everyone that worked tirelessly to make this outreach a success. We pray and hope to work with as many partners, volunteers and donors in the next outreaches.



Appreciation

Our Partners and Donors.

We highly appreciate all the teams and individuals that worked hand in hand with us so as to make this out reach a success. We therefore recognize the following Individuals for their involvement.

Ms Nankumba Janat. Ms kiconco Moreen

Ms Hannah Tendo. Ms Kayonde Sharifah

Ms Bageine Fiona Ms Mariam Mugisha

Ms Summaya Yahya Ms Melisa Namata

Hajj Nsereko Muhammed Mr Isaac Ochineeng

Mr Rashid Musisi Ms Karen Naava

Ms Namala Samantha Mr Japhal kiseka

Ms Ninkugizamukama Yvette Ms Leah Kirabo

Mr Hamid Kyewalabye. Ms Nalule Shielat

Ms Mubiru Swaburah. Mr Atwine Edwinn.

Mr Kayanja Hannington Mr Lubwama Henry.

Mr John Ocan Mr Kirabo Enoch.

Mr Mondon Desire Mr Kizito Hudson

Mr Seruwoza Steven Ms Penina Kaineriugaba

Ms Keloyi Kwezira. Ms Hasafa Nabawooya

Ms Nakakawa Shahira.



Pictorial

Some pictures of what transpired at the outreach.







The EEGF customized kits were made up of three reusable sanitary towels. The pads were carefully curated with a soft cotton material that is compatible to the skin and easily cleaned (washable) and leak proof material for the bottom.

A sticker to remind the girls on how they are to maintain the vehicles was placed in the kit too.













Picture of some the girls with the team members of EEGF.







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We highly appreciate our volunteers.













Empower To Elevate Girls Foundation





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